

# BEDTIME ROUTINE

TO DO

COMPLETED

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# BEDTIME ROUTINE

TO DO

COMPLETED

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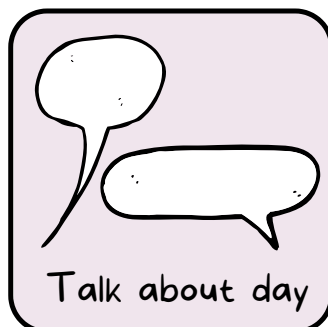
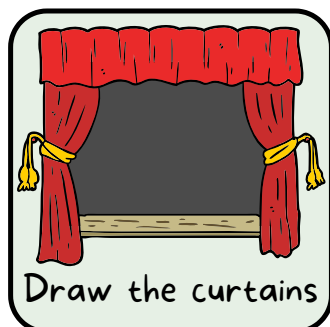
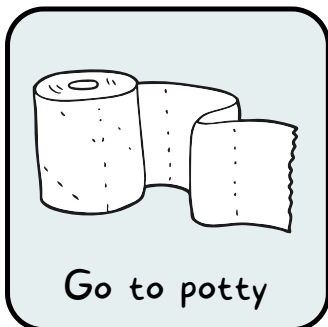
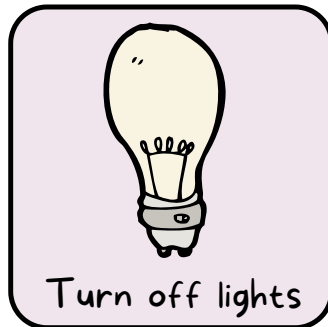
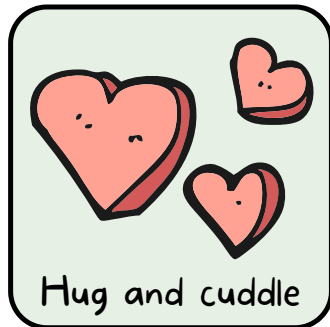
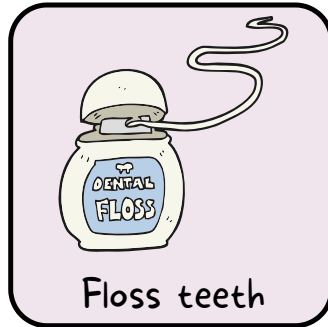
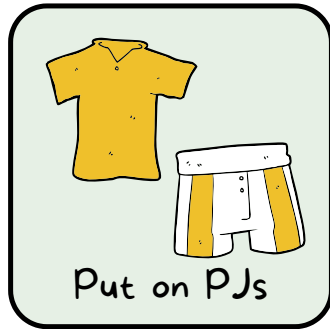
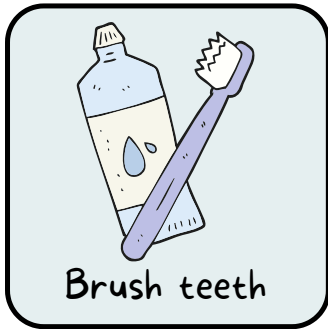
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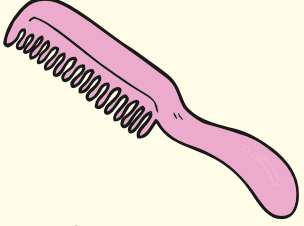
3 positive things  
about today



Put on lotion



Get into bed



Brush hair



well  
done!



YAY!



1



GOOD  
JOB!!

