's Daily Schedule!



TIME	WHAT	WHAT
□ 7am	☐ Wake Up & Independent Play	
□ 7.30am	☐ Breakfast!	
□ 8.30am	☐ Potty, Get Dressed, Clean Teeth	
□ 9am	☐ Morning Activities	☐ Independent Play, 'Doing' Chores
□ 10.30am	☐ An Outing or Structured Play	
□ 12pm	☐ Lunchtime	
□ 12.30pm	☐ Naptime or Quiet Time	
□ 2.30pm	☐ Afternoon Activities	☐ Swimming, Structured Play, Walk
□ 5pm	□ Teatime	
□ 6pm	□ Bathtime	
□ 7pm	□ Bedtime	
□ 7.30pm	☐ Lights Out	